



VOL LVII  
August, 3 2022

2022 Event Schedule		
<b>Fall Harvest Dinner</b>	<b>November 5, 2022</b>	<b>Spindletop Hall, 6 pm 3414 Iron Works Pike Lex, Ky 40511</b>

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The concert by the Lexington Chorale on April 24 was wonderful, and celebrated international contemporary choral music. Anders Astrand, percussionist, from Stockholm returned and played the marimba as one never hears it elsewhere. May he return on a regular basis!

On May 14, the Iversens and the Lindskogs and I met at Shillito Park to celebrate Syttende Mai. The weather was dramatic, but rain thunder and lightning held off until 6 pm so we had a good time. Shelter No. 1 is well equipped with electricity, nearby grills, and can hold a large number of people.

Our next gathering is scheduled for Saturday, November 3 at Spindletop Hall, 3414 Iron Works Pike, Lexington, 40511. Thomas Hakansson will invite Dr. Carolyn Dupont (of the Danish Duponts), professor of History at ECU to be our speaker. More information will follow closer in time.

Monica Udvardy has provided this link to 15 Swedish movies, recommended by The Local SE:

<https://www.thelocal.se/20170420/15-movies-that-will-help-you-discover-sweden>. We will all enjoy these!

Pam Anderson has forwarded to me a tempting list of tours sponsored by Vesterheim, the National Norwegian-American Museum, Heritage Center & Folk Art School in Decorah, Iowa. In 2023.

1. There is a Heritage Tour: Norwegian Coastal Voyage, a 6 day tour on the new Havila sailing ship northward through the fjords from Bergen to Kirkenes, ending in Oslo.

## Scandinavian Heritage Society P.2

2. The Folk Art Study Tour: Folk Art of Norway: Looking Back, Looking Forward also travels through southern Norway from Bergen to Oslo and studying traditional and contemporary examples of rosemaling, woodworking, textiles, jewelry and Folk music.

3. The Textile Study Tour to Norway and England starts in London and Yorkshire, England. In Norway the tour centers in the Trondheim area and wraps up in Bergen for a celebration of Norwegian Constitution Day on May 17. If you would like the application forms, please let me know at [santafe2.ak@gmail.com](mailto:santafe2.ak@gmail.com) and I will forward you more information. There may be limits on the number who may sign up so you may want to make reservations early.

By the way, the Vesterheim Museum membership is \$45 for a basic membership, \$40 for Seniors, and \$60 for a household. Membership benefits include a monthly newsletter, free admission (it is a very good museum), member events, store discount, time traveler discount, and Folk Art School Class discount.

Did you know that in 2000, Anse aux Meadows celebrated the Viking settlement on the Island of Newfoundland in the Canadian province of Newfoundland and Labrador? A group from Iceland re-enacted the voyage of Leif Erikson leaving Iceland on June 17, and arriving in Greenland on July 14 for a celebration of the Viking settlement there, attended by Queen Margrethe II of Denmark. The ship, Islandingur arrived in Newfoundland on July 28, greeted by a large group for the celebration of the Viking settlement. The ship is now on display at the Viking World Museum in Njardvik, Reykjanesbaer, Iceland. You may enjoy joining in the occasion recorded on You Tube at <https://youtu.be/Db52dZp06wc>.

Finally, on a more serious topic, some of our members have suffered greatly From Covid, the Emmons family, Jeb, Jimmy and Geneva. They have graciously given me permission to share some of their experience in hope that it may help others. In February 2020, the family was exposed to Covid 19 at Geneva's ice skating lesson, when a family who had traveled in Seattle brought their ill daughters (who had doctor's appointments immediately after the lesson), while the father was home sick as well, struggling to breathe. All of the Emmons became ill with Covid 19 which lasted about a week. Two months later, they all began experiencing the long-term variety of Covid which has not subsided. Even taking a shower leaves them exhausted for hours. Mr. Emmons, Jimmy, retired and Geneva's home schooling necessitated adjustments to her schedule. That was not the end of it. Covid can do damage to many systems in the body, and in Jeb's case, in December, it attacked her lungs; this required life-saving surgery. Geneva developed mast cell activation which is a development of allergic reactions to foods or environmental triggers that in her case caused

anaphylactic shock. The Emmons have medical training, and were able to intervene with epi pens and get Geneva treated immediately. It has been and continues to be a long journey accompanied with the realization that they may never feel as well as they did prior to Covid 19. The Emmons are hoping that their experience may serve to help others realize that the virus needs to be taken very seriously. Their experience began prior to vaccines, and while many of us were lucky enough to be able to get the vaccines, and boosters, not everyone is able to do so for a variety of medical reasons. Also, the Emmons have learned that the vaccinations do not do much to protect people from long-Covid and damage to the body from break through infections. Repeated infections can make one more vulnerable. This means that when the virus increases among us, it is important to take precautions not just for ourselves but also for others. At SHSKY, we have tried to take this approach, although we all miss our usual gatherings. We can only hope that we will be able to resume them soon. I am sure all of you join me in wishing the Emmons recovery from their conditions. Hopefully as research develops on Covid 19 and on the long term variety, there will be progress in treatment for all affected.





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