



2022 Event Schedule

VOL LXII
September 23, 2023

Sun Oct. 8	Lexington Chamber Chorale	2d Presbyterian Church
Sat Nov. 4	Fall Harvest Dinner	5 pm
Sun Dec 3	Lucia Rehearsal 3 pm	Spindletop Hall, 6 pm
Sun Dec 9	Luciafest 7 pm	Gethsemane Lutheran Church

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We have several events to look forward to this fall! on Sunday, October 8, the Lexington Chamber Chorale will present Miniature **MAS**terpieces. Ky. Bluegrass meets the Italian renaissance and Swedish Composer Eskil Hemberg's lyrical and literature-inspired Messa d'oggi (1972). These miniature masses themselves set the stage for Carol Barnett's The World Beloved: A Bluegrass Mass (2006), and exhilarating blend of the classical mass, insightful poetry and traditional bluegrass instrumentation. General admission is \$25, groups \$20, and students \$10.

Enjoy the Fall Harvest Dinner at Spindletop Hall on Saturday, November 4 at 6 pm. Jaci Williams and Mary Anne Olson will present a Program on their trip this summer to Iceland and Greenland. The menu will be My Old Kentucky Home, a Chef Themed Dinner buffet with coleslaw, Buttermilk Brined Fried chicken, Spindletop's Famous Meatloaf, Old Fashioned Corn Pudding, Southern Style Green Beans, Bourbon Pecan Pie and Warm Bread Pudding with Kentucky Bourbon Sauce. The cost per person will be \$40.00, and SHSKY will absorb taxes and fees for members. Please let Anne Keating know as soon as possible so we may finalize arrangements with Spindletop. We make a down payment in mid. Oct.

Scandinavian Heritage Society P.2

The Luciafest will take place on Saturday, December 9, at Gethsemane Lutheran Church at 7 pm, with one rehearsal set for Sunday, December 3 at 2 pm. Please spread the word so that all of the young people who would like to participate will know about it. We welcome any adults who would like to sing in the choir to accompany them. We plan to meet afterwards for our usual Jul Bord. A notice of any change to the schedule will go out by email.

Nobel Prizes will be announced between October 2 and 9. You may wish to visit nobelprize.org to read fascinating finds over the years. For example, they note that after Einstein discovered gravitational waves a century ago, in 2015 on September 14, 1200 physicists observed those waves for the first time from 2 black holes that merged 1.3 billion years ago. How mind boggling is that!

In Norway, Erlend Bore, who recently took up going out with a metal detector, made what they are calling "the find of the century," a group of gold medallions and beads that date to 500 AD found on the Island of Rennesoy north of Stavanger. This find is on YouTube, if you would like to see the details. <https://www.uis.no/en/about-uis/discovery-of-the-century-norwegian-gold-treasure-found-with-a-metal-detector>. If this does not open, you can find it by going to News in English from Norway: <https://www.newsinenglish.no/2023/09/15> . The workmanship is extraordinary.

Norway's government is merging a number of local government entities which has resulted in vigorous backlash. Kentucky has 120 counties that resulted from the difficulty of travel in early days. I understand that similar efforts in the past to consolidate local government entities have resulted in uproar. Some things never change!

This is the season in Finland when people go into the vast forests looking for mushrooms and berries. Last year the rescue service had 200 calls To find local people who were lost, and over 50 this year. The advice is good for everyone who enjoys getting out into nature:

Inform someone of your route, destination and duration
Study the route ahead of time

Stay calm

Do not wander aimlessly; use a map app and landmarks

Wear warm clothing suitable for evening and night

Wear bright colored clothes

Take an emergency space blanket

Take a power backup for electronic devices

Use a pre-loaded app which can pinpoint your location

Use a map app, and get familiar with it ahead of time

Take a paper map, compass, ignition equipment, a knife and food and Water.

Interestingfacts.com has an article on spices, one of which is very popular in Nordic countries. Can you guess which one it is? It is a spice from India known and used for some 5,000 years. In Norway and Sweden, consumption per person is around 30 times that of anywhere else. Because it is harvested by hand, it is the third most expensive spice. It is used in a popular drink in December as well as in protein and other food stuffs. If you are still wondering, the answer will be in the next newsletter.

I am sorry to inform you that our website is off line; we are currently working to get it back.

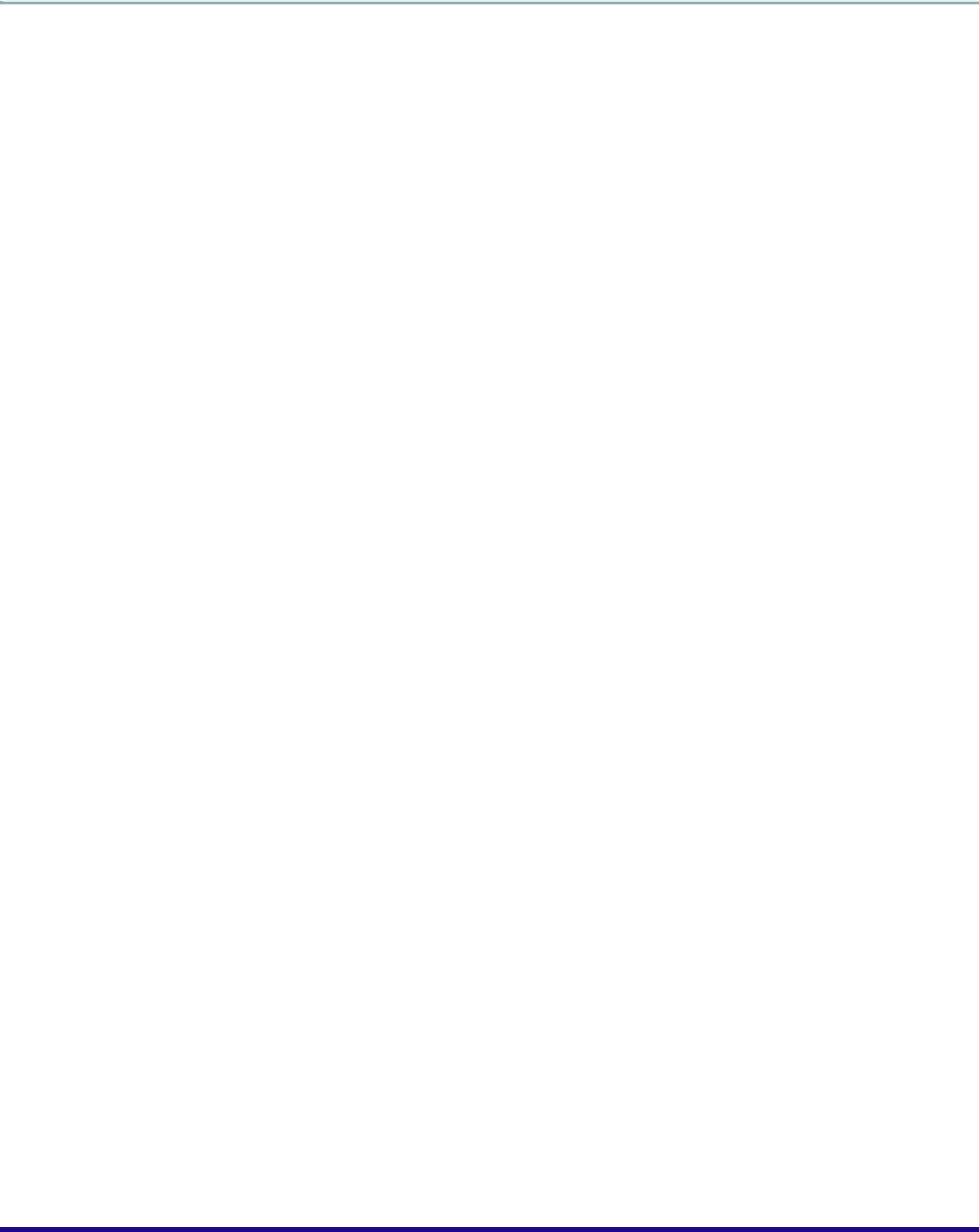
To make reservations for the fall dinner, you can email us at the following addresses:

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